

| TIME TRIAL RESULTS 2016 | | | | | | | | | | | | |
|-------------------------|-----|--|--------|--------|--------|--------|--------|--------|---------|--------|--------|--------|
| | | 27-Apr | 11-May | 25-May | 08-Jun | 22-Jun | 06-Jul | 20-Jul | 03-Aug | 17-Aug | 31-Aug | 14-Sep |
| | | | | | | | | | | 6 mile | | |
| Yvonne Peers | BTC | 32.43 | | | 32.01 | 31.50 | 31.18 | | | | | |
| Mel Hearn | BTC | 28.37 | | | | | 23.55 | 24.31 | | | | |
| Nina Critchley | BTC | 21.53 | | | | | | | | | | |
| Anna Delves | BTC | | | 24.48 | | 22.58 | 22.54 | | | | | |
| Fiona Campbell | BTC | | | | 22.40 | | | 22.30 | | 15.13* | | |
| Michelle Askey | | | | | | | 22.31 | | | | | |
| Rob Griffith | BTC | 23.42 | 23.49 | | | 23.35 | | | (24.22) | | | |
| Dave Bannister | BTC | | 27.18 | | | 26.54 | | | | | | |
| Dan Goodwin | | | 24.10 | 24.04 | 23.05 | 23.18 | 23.19 | 22.50 | (24.00) | 15.37* | | |
| Phil Mulligan | BTC | | 19.46 | 19.43 | 19.52 | 20.26 | | | | | | |
| Stuart Duckworth | BTC | | | | 19.15 | 19.07 | | | (19.44) | | | |
| Ben Askey | | | | | | 23.03 | 23.39 | | | | | |
| Lewis Askey | | | | | | | 18.18 | | | | | |
| Nick Benton | | | | | | | | 23.29 | (25.05) | | | |
| Harvey | | | | | | | | 25.18 | | | | |
| Frans Frison | MVH | | | | | | | | (25.03) | 15.31* | | |
| Aaron Ward | | | | | | | | | | 12.07* | | |
| | | | | | | | | | | | | |
| | | () Times in brackets were affected by stops at roadworks | | | | | | | | | | |
| | | * 'Out & back' route | | | | | | | | | | |

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Most improved woman
Fastest woman
Most improved man
Fastest man