

| Name | Category | SWIM TIME | Swim position | RUN TIME | Run position | TOTAL TIME | Category position | Overall position |
|--------------------|--------------|-----------|---------------|----------|--------------|------------|-------------------|------------------|
| James Hodgson | Male-Open | 0:05:12 | 7 | 0:18:42 | 1 | 0:23:54 | 1 | 1 |
| James Booker | Male-Open | 0:04:49 | 1 | 0:19:38 | 2 | 0:24:27 | 2 | 2 |
| Harrison Lee | Male-Youth | 0:05:01 | 4 | 0:20:34 | 4 | 0:25:35 | 1 | 3 |
| Mark Turton | Male-S-Vet | 0:06:04 | 16 | 0:19:57 | 3 | 0:26:01 | 1 | 4 |
| Hannah Dodwell | Female-Open | 0:05:10 | 5 | 0:21:52 | 5 | 0:27:02 | 1 | 5 |
| Eden Schiller | Female-Youth | 0:04:59 | 2 | 0:22:07 | 7 | 0:27:06 | 1 | 6 |
| Thomas Hendrie | Male-Youth | 0:05:27 | 9 | 0:21:52 | 6 | 0:27:19 | 2 | 7 |
| Sam Craig | Male-Open | 0:05:42 | 10 | 0:22:28 | 9 | 0:28:10 | 3 | 8 |
| Wayne Stott | Male-Vet | 0:05:11 | 6 | 0:23:34 | 14 | 0:28:45 | 1 | 9 |
| Rob Osborn | Male-Open | 0:06:36 | 19 | 0:22:31 | 10 | 0:29:07 | 4 | 10 |
| Lewis Heming | Male-Open | 0:06:10 | 17 | 0:23:27 | 12 | 0:29:37 | 5 | 11 |
| David Lawrie | Male-S-Vet | 0:08:10 | 33 | 0:22:12 | 8 | 0:30:22 | 2 | 12 |
| Gayle Gilbody | Female-Open | 0:06:27 | 18 | 0:24:02 | 15 | 0:30:29 | 2 | 13 |
| Gabriel Larkin | Male-Open | 0:05:48 | 13 | 0:24:47 | 17 | 0:30:35 | 6 | 14 |
| Wayne Lamb | Male-Open | 0:07:39 | 26 | 0:23:00 | 11 | 0:30:39 | 7 | 15 |
| Tony Marrs | Male-S-Vet | 0:07:19 | 24 | 0:23:31 | 13 | 0:30:50 | 3 | 16 |
| Mali Jones | Female-Youth | 0:05:00 | 3 | 0:26:15 | 24 | 0:31:15 | 2 | 17 |
| Helen Mason | Female-Open | 0:05:21 | 8 | 0:26:00 | 21 | 0:31:21 | 3 | 18 |
| Mia Rawlings | Female-Youth | 0:06:00 | 15 | 0:25:46 | 20 | 0:31:46 | 3 | 19 |
| C Easton | Male-Vet | 0:07:52 | 29 | 0:24:28 | 16 | 0:32:20 | 2 | 20 |
| Christopher Wilkes | Male-Open | 0:07:43 | 27 | 0:24:59 | 18 | 0:32:42 | 8 | 21 |
| Lee Downes | Male-Vet | 0:06:48 | 21 | 0:26:04 | 22 | 0:32:52 | 3 | 22 |
| Andrew Brett | Male-Open | 0:07:05 | 22 | 0:26:19 | 25 | 0:33:24 | 9 | 23 |
| Andrew Noble | Male-Vet | 0:07:25 | 25 | 0:26:09 | 23 | 0:33:34 | 4 | 24 |
| Barbara Cole | Female-S-Vet | 0:06:40 | 20 | 0:27:07 | 28 | 0:33:47 | 1 | 25 |
| Ryan Duffy | Male-Youth | 0:05:44 | 12 | 0:28:12 | 31 | 0:33:56 | 3 | 26 |
| Tom Prokopowicz | Male-Open | 0:07:59 | 31 | 0:26:54 | 27 | 0:34:53 | 10 | 27 |
| Poppy Scoffings | Female-Open | 0:05:54 | 14 | 0:29:02 | 34 | 0:34:56 | 4 | 28 |
| Mark Williams | Male-S-Vet | 0:08:30 | 35 | 0:26:34 | 26 | 0:35:04 | 4 | 29 |
| Julian Rawlings | Male-S-Vet | 0:09:41 | 44 | 0:25:30 | 19 | 0:35:11 | 5 | 30 |
| Mark Haywood | Male-S-Vet | 0:08:30 | 36 | 0:27:24 | 29 | 0:35:54 | 6 | 31 |
| Katie Stretton | Female-Youth | 0:07:51 | 28 | 0:28:44 | 33 | 0:36:35 | 4 | 32 |
| Sam Toon | Female-Open | 0:08:17 | 34 | 0:28:25 | 32 | 0:36:42 | 5 | 33 |
| Charlotte Benton | Female-Open | 0:05:44 | 11 | 0:31:17 | 41 | 0:37:01 | 6 | 34 |
| Alison Wilson | Female-S-Vet | 0:07:19 | 23 | 0:29:50 | 36 | 0:37:09 | 2 | 35 |
| Terence Dunne | Male-S-Vet | 0:10:22 | 46 | 0:28:06 | 30 | 0:38:28 | 7 | 36 |
| Stuart Tiley | Male-Vet | 0:07:56 | 30 | 0:31:04 | 40 | 0:39:00 | 5 | 37 |
| Louisa Jameson | Female-Vet | 0:08:31 | 37 | 0:30:35 | 38 | 0:39:06 | 1 | 38 |
| Sue Willis | Female-Vet | 0:10:44 | 48 | 0:29:18 | 35 | 0:40:02 | 2 | 39 |

| Name | Category | SWIM TIME | Swim position | RUN TIME | Run position | TOTAL TIME | Category position | Overall position |
|----------------|-----------------|------------------|----------------------|-----------------|---------------------|-------------------|--------------------------|-------------------------|
| Richard Coates | Male-Vet | 0:09:26 | 42 | 0:30:51 | 39 | 0:40:17 | 6 | 40 |
| Chris Glynn | Male-Open | 0:09:06 | 40 | 0:31:20 | 42 | 0:40:26 | 11 | 41 |
| Fran Allen | Female-Vet | 0:08:07 | 32 | 0:32:32 | 44 | 0:40:39 | 3 | 42 |
| Shirley Harris | Female-S-Vet | 0:11:49 | 50 | 0:30:08 | 37 | 0:41:57 | 3 | 43 |
| Emily Willis | Female-Open | 0:10:09 | 45 | 0:32:23 | 43 | 0:42:32 | 7 | 44 |
| John Westwood | Male-Vet | 0:09:08 | 41 | 0:33:39 | 45 | 0:42:47 | 7 | 45 |
| Jenine Horgan | Female-Open | 0:09:06 | 39 | 0:33:59 | 46 | 0:43:05 | 8 | 46 |
| Keith Graham | Male-S-Vet | 0:09:40 | 43 | 0:33:59 | 47 | 0:43:39 | 8 | 47 |
| Sally Astwood | Female-S-Vet | 0:08:59 | 38 | 0:35:07 | 48 | 0:44:06 | 4 | 48 |
| Diane Crump | Female-Vet | 0:10:28 | 47 | 0:42:59 | 49 | 0:53:27 | 4 | 49 |
| Gemma Oliver | Female-Open | 0:11:35 | 49 | 0:57:53 | 50 | 1:09:28 | 9 | 50 |